



# Junior Girls Basketball

## North Central League Schedule 2019-2020

<b>Week:</b>	<b>Date:</b>	<b>Match-ups:</b>
<b>1</b>	THUR. DEC. 5	Anaheim @ St. Brieux
<b>2</b>	WED. DEC. 11	Anaheim @ Lake Lenore
	THUR. DEC. 12	Middle Lake @ St. Brieux
<b>3</b>	MON. DEC. 16	Anaheim @ Middle Lake
	TUES. DEC. 17	St. Brieux @ Lake Lenore
<b>Christmas Break</b>		
<b>4</b>	WED. JAN. 8	Lake Lenore @ Middle Lake
	THUR. JAN. 9	St. Brieux @ Anaheim
<b>5</b>	TUES. JAN. 14	Lake Lenore @ St. Brieux
	THUR. JAN. 16	Middle Lake @ Anaheim
<b>6</b>	WED. JAN. 22	Lake Lenore @ Anaheim
	THUR. JAN. 23	St. Brieux @ Middle Lake
<b>7</b>	WED. JAN. 29	Middle Lake @ Lake Lenore
<b>8</b>	TUES. FEB. 4 <small>(adjust date as needed)</small>	<b>LEAGUE FINAL:</b> 2 <sup>nd</sup> @ 1 <sup>st</sup> <b>OPTIONAL:</b> 4 <sup>th</sup> @ 3 <sup>rd</sup> (unofficial)
<b>9</b>		<i>(Can move league final to this week if game postponements make it necessary)</i>
<b>February Break</b>		

### Competing teams (and team contacts):

Anaheim	598-2110	<a href="mailto:chloe.gerwing@horizonsd.ca">chloe.gerwing@horizonsd.ca</a>
Lake Lenore	368-2333	<a href="mailto:bonnie.kolbeck@horizonsd.ca">bonnie.kolbeck@horizonsd.ca</a>
Middle Lake	367-2122	<a href="mailto:lisa.parsons@horizonsd.ca">lisa.parsons@horizonsd.ca</a>
St. Brieux	275-2133	<a href="mailto:brittany.berscheid@horizonsd.ca">brittany.berscheid@horizonsd.ca</a>



# Junior Girls Basketball

## North Central League Schedule 2019-2020

### League Commissioner:

Brian Grest: brian.grest@horizonsd.ca  
231-8284 (cellular - preferred)  
682-1016 (office)

### Notes:

- This is a balanced home-and-home schedule.
- **LEAGUE PLAYOFFS:** The top two teams in the standings will play in the **league final** game. Third/fourth place may play an unofficial third place game if they so choose for the sake of an extra game prior to HCAA playoffs.  
  
**The playoff date may be changed if the need arises** (e.g. gym booking conflict; make-up games still needed) and a mutually agreeable alternate date will be arranged. Please contact the commissioner.
- League results and standings have no effect on entry into HCAA District Championship playdowns. **League and HCAA play are two separate entities.** League results will be used to assist in seeding HCAA District Championship playdowns.

The league champion gets a pennant and the title of "League Champions 2019-2020".

- **RULES:** All games shall follow the SHSAA and HCAA sanctioned rules and guidelines. Essentially, FIBA rules (with SHSAA modifications) will be used with the following **exceptions:**
  - four **eight-minute quarters** (coaches may mutually agree to play ten minute quarters to increase game and participation time)
  - teams will have **10 seconds** to advance the ball across center
  - teams will have **30 seconds** to take a legal shot, should a shot clock be in use
  - all **resets will be to 30 seconds** (no 14-second reset)
  - **tied games** shall be decided by playing **two-minute** overtime periods until the tie is broken (this is a **league-specific** exception; normal overtime periods are five minutes)
  - an unlimited number of (eligible) players may be dressed for each game
- For the **SAFETY** of the player, teammates, and opponent, **NO JEWELRY** or similar adornments may be worn at any time by any player, nor any **HARD ITEMS in the hair**. Taping over jewelry (or similar adornments) or hard items in the hair is NOT allowed. It must be removed. **Players are, however, allowed to wear unobtrusive plastic retainers in place of piercings during games.** Please read page 7 for further comments on the jewelry rule.

Make sure you are aware of the **undergarment rules** (can be found under "basketball clothing" at the bottom of <https://www.shsaa.ca/page/show/992557-basketball>). Not all will not be strictly enforced in junior play, but we encourage teams to do their best to comply, especially when it comes to the color of the undershirts.

Please remind your supporters the **use of artificial noisemakers is prohibited** by SHSAA and HCAA rule. It is up to the coach to ensure their supporters comply with this (and with any other expectation of supporters).

- **PLAYER ELIGIBILITY:** Eligibility of players shall be that as set out in HCAA Bylaw IX and Policy X (posted at [hcaa.hsd.ca](http://hcaa.hsd.ca); choose "HCAA Policy" from the left). A reminder:
  - Students from **grades 6 to 9** may play as a junior (as long as they were under 16 years of age as of Aug. 31, 2019). **Grade fives are not eligible for league or HCAA play.**
  - grade 9 students are eligible to play on **both** a junior and a senior team
  - grade 8 students are NOT eligible to also practice or play on a senior team unless the appropriate paperwork has been submitted and approved by the SHSAA

In the event your school runs more than one junior girls basketball program (OR has split one junior girls basketball program into a “tournament” squad and a “league” squad, OR has two teams in league play), it is understood that only players who designated to a specific league team shall play in this league and on that team, including league playoffs. Any exceptions must be due to unforeseen circumstances and approved by the league commissioner prior to play.

- **RESCHEDULING and FORFEITS:** When circumstances arise, games may be rescheduled by mutual agreement (although it is always best if every attempt is made to adhere to the schedule). Please do all rescheduling as far ahead of time as possible, and **alert the commissioner to all changes.**

Your opponents are counting on this schedule to help them develop as a team, so in fairness to your opponent, **forfeits must be avoided at all reasonable cost.** Forfeited games in league play shall be recorded as 50-0.

In the event a **game is not played due to circumstances such as student safety** (e.g. weather, roads) **or valid school-related reasons** (e.g. final exams) and rescheduling cannot be agreed on, the result from the FINAL game between these two teams that DID get played will count twice. If no games between the two teams were played and rescheduling cannot be agreed on, one team could agree to have forfeited as a courtesy (e.g. they are clearly the weaker team). If this cannot be agreed to, the commissioner shall decide to:

- a) declare forfeits based on relative results against other teams or
- b) declare the games split and/or
- c) alter the standings to “winning percentage” as opposed to “points” and/or
- d) change the playoff structure so no team feels disadvantaged by circumstances (e.g. student safety) beyond their control.

In the event a **game is not played due to circumstances other than student safety or valid school-related reasons** (e.g. not enough players or drivers) and rescheduling cannot be agreed on, the team originally unable to play will be considered to have forfeited. However, it is assumed both teams will exhaust every rescheduling option before it comes to this.

- **TIE-BREAKING:** In the event of a tie between two teams in the standings, the following tie-breakers will be applied in order until the tie is broken:
  1. The team with better W-L record *counting games between tied teams only* will be ranked higher
  2. The team with the better **points for-against differential** (prorated, if necessary) *counting games between tied teams only* will be ranked higher
  3. The team **giving up the least number of points** (prorated, if necessary) *counting all league games played* will be ranked higher. *The change from “points differential” in tie-breaker #2 to “least number of points” here is intended to eliminate the perceived need to run up the score against a weaker opponent to gain a tie-breaking advantage in the standings.*

**In the event of three (or more) tied teams,** apply the tie-breakers above in order until at least one team is ranked as a result of the tie-breaker. To break any remaining tie(s), start over at the first tie-breaker and apply them in order until at least one team is ranked as a result of the tie-breaker. Repeat the process as necessary until all teams are ranked.

- **RESULTS:** The **HOST TEAM** must e-mail the results after each game to [brian.grest@horizonsd.ca](mailto:brian.grest@horizonsd.ca). **Please do so right after the game is completed.** No need to fax the scoresheet, but simply e-mail the score (cc the opposing coach as a double-check) and what category and league the game was (e.g. “sr. boys north west league results”).

Results and standings will be posted on the HSD Basketball Leagues page linked on the Basketball Page on HCAA website. Please feel free to submit your scores and stories to your local newspapers (the league commissioner will not be doing so).

Humboldt's radio station (107.5 Bolt FM) is hoping we will send them results from ALL our leagues and schools so they can air them the next morning. **It is the coaches' responsibility to submit these to the radio station;** the league commissioner will not be doing so. They can be reached at 682-2255 or at [humboldtnews@goldenwestradio.com](mailto:humboldtnews@goldenwestradio.com). Please **DO NOT submit names of the top scorers**, just the game scores.

- **GAME TIMES:** It is not practical to dictate a set start time for games, as travel distances come into play in some cases, and each school's situation may vary from day-to-day. In a perfect world, every reasonable attempt to start the game as early as possible after 3:30 would be made, staying sensitive to the policy that no sub costs should be incurred (if your school administration is willing and able to find coverage to allow your team to leave early, please do so). **Communication with your in-school administration is vital.** Host coaches should be proactive here – phone the visiting team THE DAY BEFORE THE GAME to find out when they plan on arriving. **Please avoid starting games later than 4:30 if at all possible**, notwithstanding double-headers (if applicable).

On **double-header days** (if applicable), it is extremely important to have the first game start as soon after 3:30 as possible. Communication with both visiting teams is vital.

- **GAME PROTOCOL:** The day before the game, the host team coach must phone the visiting team coach to ensure everyone is aware there is a game the next day, and to determine visitor arrival time and game time (see "GAME TIMES" above).

The morning of the game, the visiting team coach must phone the host team to ensure the game is still on if they were not contacted the day before by the host. **Miscommunication happens – be proactive.**

**Please remember when hosting a game to follow accepted protocol for hosting and meet the expectations for hosting. Examples:**

- **at least one experienced/adult official**
- **two officials in total**
- **spectator conduct**
- **seating**
- **safety (e.g. padding on the end walls)**
- **designated change area for the visitors (if not secured, take all possessions with)**
- **competent and well-trained minor officials**

- **REFEREES:** Please ensure you have two officials for each home game. At least one should be a capable/experienced adult, preferably both. Your referees must be capable of officiating this level of ball as games can easily deteriorate into a heated and even dangerous situation when the referees do not have the necessary experience and ability. They must be capable of controlling difficult games at this level. **Coaches must also recognize their role in controlling difficult/heated games.**

A list of referees that HCAA schools have submitted is posted on the HCAA website. Book your referees early – supply is small and demand is large.

There is no referees association within the HCAA or Horizon SD, so there is no standard game fee/mileage payment. The following is a recommendation only (please discuss rates with the referees prior to hiring them):

- experienced referees get paid \$30/game with 8-minute quarters (\$36.50 for games with 10-minute quarters) and \$0.40/km.
- less experienced adult referees (those still somewhat in training) and experienced student-referees be offered \$22/game (or more) with 8-minute quarters (\$27 for games with 10-minute quarters) and \$0.40/km
- student referees in training be offered \$18/game (or more) with 8-minute quarters (\$22 for games with 10-minute quarters) and \$0.40/km

NOTE: the SHSAA rate of pay for officials is \$36.50/game (ten-minute quarters) for a SABO-registered referee and \$26.50/game for a non-SABO-registered referee.

### **Horizon SD schools:**

- remember to keep careful records of referee payments (and all other expenses, for that matter) as you will need these records to apply for your funding grant at season's end
- pay your referees by cheque from your school-based account. This will ensure records are easily accessed if need arises.

- **MINOR OFFICIALS:** You must have competent people working the score clock, the score sheet, and the 30-second clock. It will be a very frustrating situation for the coaches and officials alike if the bench personnel are not competent. Make sure you have current score sheets. **Ensure all minor officials put their cell phones away while working.** Please read page 7 for further comments on minor officials.
- In the event of a dispute, the league commissioner will mediate. A committee shall be struck in the event of an appeal.
- **NO-SHOWS/LATE CANCELLATION:**
  - **Should seldom happen if even one of the teams' coaches took the advice from above and phoned the opponent the day before or the morning of to confirm plans**
  - A team which does not show up ***OR HAS NOT GIVEN NOTICE BY 3:30 P.M. THE DAY BEFORE THE GAME*** of their inability to attend will be responsible for all costs incurred by the host team on game day with a MINIMUM of \$25 charged as an inconvenience fine (notwithstanding safety issues such as weather and road conditions).

### A few possible scenarios:

- two referees show up, and have driven 50 km each to be there, but the opponent has not shown up. The referees wait one full hour before it is determined there is no game. Each referee is entitled to 100 km mileage (\$40 each), and will charge half a game fee each (they would normally stay for 2 hours to do a game). The team failing to show must pay the host school about \$110 to cover \$80 mileage payment and \$30 game fee payment to the referees
- a team phones at 3:00 on game day to postpone, but one referee is already on the road (80 km away). The team postponing must pay the host school \$64 to cover the mileage payment to the referee (who has shown up only to be told to turn around and go home).
- a team phones at 2:30 on game day to postpone. The host coach is able to notify all referees, players, and volunteers (scorers bench) before the referees are on the road or the buses have left the school. The team postponing must pay the host school the minimum \$25 no-show fine for inconveniencing that coach while they were attempting to teach their class (the \$25 will go toward the host team's budget, as no ref costs were incurred).
- a team simply does not show up (no phone call). The referees are both local teachers (no mileage) who worked in their room (no time wasted). The team not showing must pay the host school the minimum \$25 no-show fine for inconveniencing that coach and having the referees and/or bench personnel waiting around for no reason (bench personnel may have now missed their bus ride home, unnecessarily inconveniencing the parents). The home coach may very well use the \$25 to compensate the parents for their unnecessary trip into town.
- a team phones at 9:00 on game day morning to postpone. One referee opted out of his/her carpool so they could stay after school to ref. The ref charges the school \$40 mileage due to foregoing the opportunity to carpool. The team postponing must pay the host school the \$40 to cover the referee's mileage.

The commissioner will rule in the event there is dispute concerning no-shows, late cancellations, referee (or other) cost recovery, or fines. A committee shall be struck in the event of an appeal.

Teams/schools failing to comply with the guidelines above shall be sanctioned. The type of sanction shall be determined by the commissioner, and could range from forfeiture of games to loss of HSD funding to expulsion from the league to exclusion from future league play. A committee shall be struck in the event of an appeal.

- **TEAM AND COACH CONDUCT: Proper coach conduct in our leagues is critical:**
  - It sets the tone for your players. A coach who complains, criticizes, and acts in a demonstrative manner encourages players to emulate similar behavior. This is NOT a goal in ANY league.
  - We are critically short of referees. If a young referee's experience with the game is a coach who has lost site of the educational goals of high school athletics, we will likely lose that referee for good and continue to be critically short of referees as a result. Coaches – do not be a person who teaches a referee to hate the experience.

- Please read pages 7 and 8 for further comments on athletics in **education** and behavior toward officials.

Our referees will be instructed to show ZERO TOLERANCE for dangerous play or unsportsmanlike behavior. As a result:

- technical fouls to a coach may be given more quickly and/or without much tolerance
- **players WILL be disqualified from a game in the event of a 2<sup>nd</sup> technical foul in a game** (leads to an automatic suspension from the next scheduled game as well as per SHSAA and HCAA policy)
- players WILL be disqualified for dangerous “unsportsmanlike” (hard and/or intentional) fouls (leads to an automatic suspension from the next scheduled game as well as per SHSAA and HCAA policy)

Sanctions for the above will follow as per SHSAA and HCAA policy. Being as this is a Horizon SD league, Horizon SD may see fit to impose further sanctions in the event of exceptionally unacceptable conduct by players and/or coaches.

- **HSD FUNDING:** It is imperative HSD schools keep good record of their team’s season expenditures for the purposes of applying for a funding grant, and do this through the school-based account. Keep invoices for all team-related purchases; record cheque numbers for all payments (including officials); keep accurate records of all mileage paid to drivers. You will need to submit these as proof of expenses in order to obtain your grant, and your records must be in the school’s books in the event of an audit.

Exact policy (what is covered and to what degree) can be found on the funding form guides. The most current version of the guides and the forms are all posted on the HSD website (HCAA link, choose “HSD Activities Funding Forms” near the top left).

# Hi all Basketball Coaches and Teacher-Supervisors

A few very important messages to get out to you before your season begins. Teacher-supervisors – please print this and ensure all your coaches are aware of this prior to the next practice.

## 1. Jewelry Rule

**For the SAFETY of the player, the player's teammates, and the opposing players:**

The SHSAA (and thus the HCAA and HSD) rule for jewelry at all levels of play is simple – **no jewelry allowed on players**. Piercings, rings, necklaces, watches, bracelets, etc. all come off. As well, hard (e.g. plastic, metal) objects in the hair are not allowed (hair ties, scrunchies, hair bands must be used instead). **Exception:** plastic retainers that go in piercing holes to keep them open **ARE** allowed.

The official **must** remove the player from the contest until such time as the jewelry has been removed (but realistically, the COACH should have not allowed them on the court in the first place).

**Taping over jewelry or taping over hard objects in the hair is NOT allowed.** The jewelry or hard object is still there and still presents the same safety issue, especially if the tape slides off.

The key is function versus fashion. For instance:

- a bandana is fashion (not allowed); a sweat band (or bandana rolled into a sweat band) is function (allowed)
- sunglasses are fashion (not allowed, unless a verified medical reason); prescription or safety glasses are function (allowed)
- a braided friendship bracelet is fashion (not allowed); a soft MedicAlert bracelet is function
- NOTE: **hard** Medic Alert bracelets are **not allowed**. When removed, the player and the player's coach must be aware of its location at all times during the game (e.g. coach's pocket or score bench).

It is up to the coaches at the first (or next) practice to a) make this clear to all players and b) enforce this at every practice and game. **DO NOT force the officials to be the bad guys here** – all jewelry issues should be resolved by the COACH before the players even set foot on the court for practice, let alone a game.

## 2. Athletics in Education

Too often we see coaches in the school setting lose sight of the basis of school athletics (education). School athletics is an extension of the classroom, and as such, behavior is no different than that of the classroom:

- Student-athletes are expected to treat teammates and opponents with the same respect one would expect them to exhibit to their peers in the school and in the classroom.
- Student-athletes are expected to show the same respect for their coaches and the officials as they would to people in position of authority in the school and in the classroom
- Coaches are expected to treat the students (including minor officials) with the same respect that a teacher or other staff member would in the school and in the classroom. There will be times where the coach needs to take a heavier hand in respect to instruction, motivation, and correcting behavior concerns, but the dignity of the student must be in mind at all times.
- Coaches are expected to show the same respect to the officials and opposing coaches as they would to other adults in the school and in the classroom.

Just a reminder – winning is nice, but if in striving to win we forget that this is the **classroom** and forget that we, as educators, are held to a very high standard and are entrusted with the teaching of not just basketball lessons but **life lessons**, we (and the school) need to re-evaluate our role in the development of our students.

### 3. Officials

To reiterate and expand on the comments above:

Respect for the game officials is paramount for the following reasons:

- This is an educational setting. We are in charge of educating our players, and on more than just basketball. When coaches disrespect officials, a wrong and unacceptable message is sent to the students.
- Players emulate the coach's behavior. If the coach is demonstrative and mouthy to the officials, it is almost certain the players will learn to follow suit.
- Players exposed to coaches who berate and question officials learn that most everything that goes wrong is the officials' fault and thus they (the players and coaches) are not responsible for the outcome. They learn to focus on the officials instead of their own role on the team which essentially makes the players play poorly. Unfortunately, we see this type of behavior as acceptable in some other settings (e.g. a Rider game), but this is school athletics (think "classroom" and "education").
- Officials make mistakes. Learning to accept that mistakes will be made and that no one is perfect (and this includes players and coaches) is one of the key life lessons of athletics.
- Minor officials treated poorly by coaches are likely to quit. If you need to address the scoring bench, do it in such a way as to **assist** them, not chastise them. They are learning and may need your help and encouragement as opposed to abuse and pressure.

We are seriously short of both experienced officials capable of doing high caliber games and of developing officials trying to learn the game or working at becoming a higher level official. **Nothing discourages people from officiating (or working the scoring bench) more than coaches that taint the experience.** Please keep this in mind as you reflect on your behavior as a coach in the educational setting.



## 4. Minor Officials

Often we forget the importance of our minor officials and as a result forget that we as coaches need to train and support them.

It is very frustrating for visiting teams and the game officials when the bench personnel arrives and has no idea how to do their job. Please be proactive and ensure your minor officials have had some training.

One suggestion is have the same people work your games. Thus, you will not have to re-teach each new crew.

Your score bench personnel will make mistakes, but less so if they have been given training prior to a game. During the game, though, we still have a responsibility to assist them as needed.

And make sure they are clear they are not to be using their hand-held devices while performing their duties.