



Horizon Central Athletic Association (HCAA)

HCAA Provincial Medalists 2021-2022

(scroll to view previous years)

Golf

Girls Golf – District Team Gold **Hailey Chegus** (Watson) **Kaelin Hardy** (Watrous)
Jensen Kelly (Imperial) **Georgia Strasser** (Watson)

Cross Country

1A Cross Country – Team Silver **Muenster**
1A Cross Country – Team Bronze **Lake Lenore**
1A Cross Country – Team Silver **Wynyard**

Soccer

3A (7 v 7) Boys Soccer Gold **Cudworth** (*with Middle Lake*)
3A (7 v 7) Boys Soccer Silver **Lake Lenore** (*with Anaheim & Muenster*)
3A (7 v 7) Girls Soccer Silver **Lake Lenore** (*with Middle Lake*)

Football

2A 6-side Football Gold **Wakaw** (*with Cudworth & Aberdeen*)

Volleyball

1A Girls Volleyball Gold **Rose Valley**
1A Girls Volleyball Bronze **Anaheim**
1A Boys Volleyball Gold **Muenster**
1A Boys Volleyball Bronze **Anaheim**
3A Girls Volleyball Bronze **Watrous**
4A Girls Volleyball Bronze **Humboldt**



Horizon Central Athletic Association (HCAA)

HCAA Provincial Medalists 2020-2021 (scroll to view previous years)

All SHSAA Provincial Championships were canceled in the 2020-2021 school year due to the COVID-19 pandemic.



Horizon Central Athletic Association (HCAA)

HCAA Provincial Medalists 2019-2020

(scroll to view previous years)

Golf

Girls Golf – District Team	Bronze	Hailey Chegus (Watson) Kaelin Hardy (Watrous) Jensen Kelly (Imperial) Olivia Lee (Humboldt)
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Cross Country

Senior Boys Cross Country	Silver	Adam Mytopher (Strasbourg)
1A Cross Country – Team	Gold	Middle Lake
1A Cross Country – Team	Silver	Lake Lenore
1A Cross Country – Team	Bronze	Muenster
2A Cross Country – Team	Bronze	Strasbourg

Soccer

3A (7 v 7) Boys Soccer	Gold	Middle Lake (<i>with Cudworth</i>)
3A (7 v 7) Boys Soccer	Bronze	St. Brieux
3A (7 v 7) Girls Soccer	Silver	Middle Lake (<i>with Cudworth</i>)
4A (11 v 11) Boys Soccer	Bronze	Humboldt

Football

2A Six-Man Football	Silver	Wynyard
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Volleyball

1A Girls Volleyball	Gold	Rose Valley
1A Girls Volleyball	Silver	LeRoy
1A Boys Volleyball	Silver	Annaheim
1A Boys Volleyball	Bronze	Muenster
3A Girls Volleyball	Silver	Lanigan
4A Boys Volleyball	Bronze	Humboldt

Curling

Boys Curling
Girls Curling
Mixed Curling

Gold
Gold
Bronze

Foam Lake
Wadena
Quill Lake

Basketball

(no championship held due to global pandemic)

Badminton

(no championship held due to global pandemic)

Track & Field

(no championship held due to global pandemic)



Horizon Central Athletic Association (HCAA)

HCAA Provincial Medalists 2018-2019

Golf

Cross Country

Junior Boys Cross Country	Gold	Adam Mytopher (Strasbourg)
1A Cross Country – Team	Gold	Middle Lake
1A Cross Country – Team	Silver	Lake Lenore
1A Cross Country – Team	Bronze	Muenster

Soccer

1A (7 v 7) Boys Soccer	Gold	Lake Lenore
1A (7 v 7) Boys Soccer	Silver	Middle Lake
1A (7 v 7) Girls Soccer	Silver	Middle Lake

Football

2A Six-Man Football	Silver	Wakaw
3A Nine-Man Football	Silver	Humboldt

Volleyball

1A Girls Volleyball	Gold	Rose Valley
1A Girls Volleyball	Silver	Englefeld
1A Boys Volleyball	Bronze	Bellevue
3A Girls Volleyball	Gold	Wakaw
3A Girls Volleyball	Silver	Wynyard

Curling

Basketball

1A Girls Basketball	Gold	Middle Lake
1A Boys Basketball	Gold	Lake Lenore
1A Boys Basketball	Bronze	Middle Lake
2A Girls Basketball	Bronze	Wynyard
2A Boys Basketball	Gold	St. Brieux

Badminton

Mixed Doubles	Silver	Taevan Athmer & Kara Miskolczki (Englefeld)
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Track

Midget Boys Pole Vault	Silver	Colby Decker (Strasbourg)
Midget Boys Shot Put	Bronze	Carter McLean (Foam Lake)
Junior Boys Hurdles	Gold	Kody McGinn (Humboldt)
Junior Boys Hurdles	Bronze	Jace Collins (Lake Lenore)
Junior Boys 800m	Gold	Adam Mytopher (Strasbourg)
Junior Boys 1500m	Gold	Adam Mytopher (Strasbourg)
Junior Boys Long Jump	Silver	Kody McGinn (Humboldt)
Junior Boys Triple Jump	Silver	Jay Eichorst (Humboldt)
Junior Boys Shot Put	Bronze	Travis Tessier (Bellevue)
Senior Girls Long Jump	Gold	Catherine Vachon (Bellevue)
Senior Girls Triple Jump	Silver	Catherine Vachon (Bellevue)
Senior Girls Shot	Gold	Nicole Kramchynsky (Bellevue)
Senior Girls Discus	Silver	Nicole Kramchynsky (Bellevue)
Senior Girls Javelin	Silver	Nicole Kramchynsky (Bellevue)
Senior Boys Hurdles	Bronze	Masson Altrogge (Middle Lake)
Senior Boys 400m	Bronze	Masson Altrogge (Middle Lake)
Senior Boys High Jump	Silver	Connor Tetzlaff (Viscount)
Midget Boys 4x100m Relay	Silver	Dayton Uchacz (Lanigan) Kavaia Masilago (Lanigan) Zach Holaday (Humboldt) Josh Cataros (Strasbourg)
1A Team	Silver	Bellevue
1A Team	Bronze	Middle Lake
2A Team	Silver	Strasbourg



Horizon Central Athletic Association (HCAA)

HCAA Provincial Medalists 2017-2018

Golf

Cross Country

Sr. Boys Cross Country	Gold	Brayden Mytopher (Strasbourg)
Jr. Girls Cross Country	Silver	Jade Smith (Lake Lenore)
Midget Boys Cross Country	Gold	Adam Mytopher (Strasbourg)
Midget Boys Cross Country	Bronze	Teijon Abel-Douglas (Humboldt)
1A Cross Country – Team	Gold	Strasbourg
1A Cross Country – Team	Silver	Lake Lenore
1A Cross Country – Team	Bronze	Muenster

Soccer

1A (7 v 7) Boys Soccer	Gold	Middle Lake
1A (7 v 7) Boys Soccer	Silver	Lake Lenore
1A (7 v 7) Girls Soccer	Silver	Middle Lake
2A (11 v 11) Boys Soccer	Gold	Humboldt

Football

1A Six-Man Football	Gold	Raymore
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Volleyball

1A Girls Volleyball	Gold	Rose Valley
1A Girls Volleyball	Silver	Englefeld
1A Boys Volleyball	Silver	Bellevue
2A Girls Volleyball	Gold	Muenster
3A Girls Volleyball	Gold	Wakaw
3A Girls Volleyball	Silver	Foam Lake
3A Girls Volleyball	Bronze	Wynyard
4A Boys Volleyball	Gold	Humboldt

Curling

Basketball

1A Girls Basketball	Gold	Middle Lake
1A Girls Basketball	Bronze	St. Brieux
1A Boys Basketball	Gold	Middle Lake
1A Boys Basketball	Silver	Lake Lenore
2A Girls Basketball	Gold	Wynyard
2A Boys Basketball	Gold	St. Brieux

Badminton

Mixed Doubles	Silver	Taevan Athmer & Kara Miskolczki (Englefeld)
Boys Doubles	Bronze	Rylan Marianchuk & Seth Schuler (Humboldt)
Boys Singles	Bronze	Cael Zimmerman (Englefeld)

Track & Field

Midget Girls Discus	Bronze	Haley Lins (Humboldt)
Midget Boys Hurdles	Gold	Kody McGinn (Humboldt)
Midget Boys 400m	Bronze	Teijon Abel-Douglas (Humboldt)
Midget Boys 800m	Gold	Adam Mytopher (Strasbourg)
Midget Boys 800m	Bronze	Teijon Abel-Douglas (Humboldt)
Midget Boys 1500m	Gold	Adam Mytopher (Strasbourg)
Midget Boys 3000m	Gold	Adam Mytopher (Strasbourg)
Midget Boys Triple Jump	Silver	Jay Eichorst (Humboldt)
Junior Girls 3000m	Bronze	Jade Smith (Lake Lenore)
Junior Girls Discus	Gold	Jaedyn Rudichuk (Wakaw)
Junior Girls Javelin	Bronze	Madison Rachkewich (Rose Valley)
Junior Girls Shot Put	Gold	Jaedyn Rudichuk (Wakaw)
Junior Girls Shot Put	Bronze	Mardi Scutchings (Kelvington)
Junior Boys Hurdles	Bronze	Cole Lewis (Lake Lenore)
Junior Boys 1500m	Bronze	Dalton Kiedrowski (Lake Lenore)
Senior Girls High Jump	Bronze	Cassidy Smith (Rose Valley)
Senior Girls Long Jump	Bronze	Alyson Edwards (Strasbourg)
Senior Girls Pole Vault	Bronze	Lily Yungmann (Annaheim)
Senior Girls Javelin	Gold	Jenay Varga (Muenster)
Senior Girls Shot Put	Gold	Nicole Kramchynsky (Bellevue)
Senior Boys 1500m	Gold	Brayden Mytopher (Strasbourg)
Senior Boys 3000m	Gold	Brayden Mytopher (Strasbourg)
Senior Boys Javelin	Gold	Landon Kohle (Cudworth)
Junior Girls 4x100m Relay	Bronze	Pauline Vachon (Bellevue) Brett Elmy (Kelvington) Kayla Koob (Bruno) Madison Rachkewich (Rose Valley)
1A Team	Gold	Strasbourg
1A Team	Silver	Lake Lenore
3A Team	Gold	Humboldt

Basketball

1A Boys Basketball	Gold	Middle Lake
1A Boys Basketball	Bronze	Lake Lenore
1A Girls Basketball	Silver	Middle Lake
2A Girls Basketball	Gold	Wynyard
2A Girls Basketball	Bronze	Foam Lake

Badminton

Mixed Doubles	Silver	Brooke Johnson & Jeremy Junk (Annaheim)
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Track & Field

Midget Girls Discus	Silver	Jaedyn Rudichuk (Wakaw)
Midget Girls Shot Put	Silver	Jaedyn Rudichuk (Wakaw)
Midget Girls 1500m	Bronze	Jade Smith (Lake Lenore)
Midget Girls Javelin	Bronze	Madison Rachkewich (Rose Valley)
Midget Boys 100m Hurdles	Silver	Cole Lewis (Lake Lenore)
Midget Boys Triple Jump	Silver	Cole Johnson (Annaheim)
Midget Boys High Jump	Silver	Brody Rumbold (Wadena)
Midget Boys 1500m	Bronze	Dalton Kiedrowski (Lake Lenore)
Midget Boys 3000m	Bronze	Dalton Kiedrowski (Lake Lenore)
Junior Girls 80m Hurdles	Gold	Taylor Zwarych (Humboldt)
Junior Girls Shot Put	Gold	Nicole Kramchynsky (Bellevue)
Junior Girls Long Jump	Gold	Alyson Edwards (Strasbourg)
Junior Girls 200m	Silver	Taylor Zwarych (Humboldt)
Junior Girls Javelin	Silver	Kennedy Oleksyn (Wakaw)
Junior Girls High Jump	Silver	Alyson Edwards (Strasbourg)
Junior Girls Quadathlon	Silver	Anna Wolitski (Wynyard)
Junior Girls 80m Hurdles	Bronze	Mary Latoski (Wynyard)
Junior Girls Discus	Bronze	Nicole Kramchynsky (Bellevue)
Junior Girls Triple Jump	Bronze	Makenna Gerwing (Humboldt)
Junior Boys Triple Jump	Gold	William Mansbridge-Goldie (Strasbourg)
Junior Boys High Jump	Gold	William Mansbridge-Goldie (Strasbourg)
Junior Boys High Jump	Bronze	Connor Tetzlaff (Viscount)
Senior Girls Discus	Gold	Danielle Fedak (Foam Lake)
Senior Girls Javelin	Gold	Jenay Varga (Muenster)
Senior Girls Pole Vault	Bronze	Lily Yungmann (Annaheim)
Senior Boys Javelin	Gold	Landon Kohle (Cudworth)
Senior Boys 1500m	Silver	Brayden Mytopher (Strasbourg)
Senior Boys 3000m	Silver	Brayden Mytopher (Strasbourg)
Junior Girls 4x100m Relay	Silver	Taylor Zwarych (Humboldt) Alyson Edwards (Strasbourg) Mary Latoski (Wynyard) Makenna Gerwing (Humboldt)
1A Team	Gold	Strasbourg
1A Team	Silver	Lake Lenore
3A Team	Bronze	Humboldt



Horizon Central Athletic Association (HCAA)

HCAA Provincial Medalists 2015-2016

Golf

Boys Sand Greens Golf	Gold	Dillon Poorman (Raymore)
Boys Sand Greens Golf	Silver	Bryce Hubick (Strasbourg)
Boys Grass Greens Golf	Gold	Tayden Wallin (Humboldt)
Grass Greens Golf – Boys Team	Bronze	Humboldt

Cross Country

Jr. Boys Cross Country	Silver	Brayden Mytopher (Strasbourg)
1A Cross Country – Team	Gold	Lake Lenore
1A Cross Country – Team	Silver	Strasbourg
1A Cross Country – Team	Bronze	Middle Lake
2A Cross Country – Team	Gold	Wynyard

Soccer

1A (7 v 7) Girls Soccer	Gold	Lake Lenore
1A (7 v 7) Girls Soccer	Silver	Humboldt
1A (7 v 7) Boys Soccer	Gold	Middle Lake
1A (7 v 7) Boys Soccer	Silver	Lake Lenore

Football

1A Six-Man Football	Gold	Raymore
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Volleyball

1A Girls Volleyball	Silver	Rose Valley
1A Girls Volleyball	Bronze	Englefeld
2A Girls Volleyball	Bronze	Foam Lake
3A Girls Volleyball	Gold	Wakaw
3A Girls Volleyball	Silver	Wynyard
4A Girls Volleyball	Silver	Watrous
1A Boys Volleyball	Gold	Annaheim
3A Boys Volleyball	Silver	Bellevue/Wakaw

Curling

Boys Curling Silver **Muenster**

Basketball

1A Girls Basketball Gold **Middle Lake**
2A Girls Basketball Gold **Wynyard**
2A Boys Basketball Silver **St. Brieux**

Badminton

Mixed Doubles Bronze **Remington Rohel & Ashley Blechinger (Annaheim)**

Track & Field

Midget Girls 80m Hurdles Gold **Taylor Zwarych (Humboldt)**
Midget Girls 80m Hurdles Silver **Mary Latoski (Wynyard)**
Midget Girls 100m Gold **Taylor Zwarych (Humboldt)**
Midget Girls 200m Gold **Taylor Zwarych (Humboldt)**
Midget Girls High Jump Bronze **Micah Yobb (Rose Valley)**
Midget Girls Long Jump Gold **Alyson Edwards (Strasbourg)**
Midget Girls Triple Jump Silver **Alyson Edwards (Strasbourg)**
Midget Girls Discus Gold **Jaedyn Rudichuk (Wakaw)**
Midget Girls Shot Put Bronze **Jaedyn Rudichuk (Wakaw)**
Midget Boys 100m Hurdles Gold **Masson Altrogge (Middle Lake)**
Midget Boys High Jump Bronze **Connor Tetzlaff (Viscount)**
Midget Boys Triple Jump Gold **William Mansbridge-Goldie (Strasbourg)**
Midget Boys Discus Gold **Lee Hansen (Strasbourg)**
Junior Girls 3000m Silver **Bailey Stuckel (Annaheim)**
Junior Girls Pole Vault Bronze **Lily Yungmann (Annaheim)**
Junior Girls Javelin Bronze **Jenay Varga (Muenster)**
Junior Girls Quadathlon Gold **Cassidy Evans (Kelvington)**
Junior Girls Quadathlon Silver **Tanesha Novak (Kelvington)**
Junior Boys 800m Bronze **Brayden Mytopher (Strasbourg)**
Junior Boys 1500m Bronze **Brayden Mytopher (Strasbourg)**
Junior Boys 3000m Bronze **Brayden Mytopher (Strasbourg)**
Junior Boys Javelin Gold **Landon Kohle (Cudworth)**
Junior Boys Javelin Silver **Mitchell McGrath (LeRoy)**
Senior girls 3000m Bronze **Beth Prodahl (Lake Lenore)**
Senior Girls Discus Silver **Makenzie Senko (Humboldt)**
Senior Boys Discus Silver **Ty Peterson (Kelvington)**
Senior Boys Shot Put Gold **Ty Peterson (Kelvington)**
Senior Boys Javelin Bronze **Jordan Breker (Muenster)**
Senior Boys Quadathlon Silver **Adam Gerwing (Lake Lenore)**
Senior Girls 4x100m Relay Bronze **Alison Behiel (Muenster) Molly Yungmann (Annaheim)**
Kellie Kozak (Ituna) Ashton Dyok (Watson)
1A Team Bronze **Strasbourg**
3A Team Silver **Humboldt**



Horizon Central Athletic Association (HCAA)

HCAA Provincial Medalists 2014-2015

Golf

Boys Sand Greens Golf	Gold	Bryce Hubick (Strasbourg)
Boys Sand Greens Golf	Silver	Donavon Thompson (Strasbourg)
Boys Sand Greens Golf	Bronze	Dillon Poorman (Raymore)
Sand Greens Golf – Team	Gold	Strasbourg

Cross Country

Sr. Boys Cross Country	Bronze	Dalyn Smith (Lake Lenore)
1A Cross Country – Team	Gold	Lake Lenore
1A Cross Country – Team	Silver	Middle Lake

Soccer

1A (7 v 7) Girls Soccer	Gold	Middle Lake
1A (7 v 7) Girls Soccer	Silver	Lake Lenore
1A (7 v 7) Boys Soccer	Silver	Middle Lake
2A Boys Soccer	Gold	Lake Lenore

Football

2A Six-Man Football	Gold	Watrous
2A Nine-Man Football	Silver	Humboldt

Volleyball

1A Girls Volleyball	Bronze	Englefeld
3A Girls Volleyball	Gold	Lanigan
3A Girls Volleyball	Silver	Wakaw
4A Girls Volleyball	Bronze	Watrous
1A Boys Volleyball	Silver	Annaheim
3A Boys Volleyball	Bronze	Bellevue/Wakaw

Curling

Boys Curling	Bronze	Foam Lake
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Basketball

1A Girls Basketball	Gold	Middle Lake
2A Girls Basketball	Gold	Wynyard
2A Girls Basketball	Silver	Foam Lake
2A Boys Basketball	Gold	St. Brieux

Badminton

Boys Singles	Bronze	Darian Sunshine (Wadena)
Girls Singles	Bronze	Megan Farrell (Foam Lake)

Track & Field

Midget Girls 80m Hurdles	Bronze	Shelby Voz (Lake Lenore)
Midget Girls 400m	Silver	Alyson Edwards (Strasbourg)
Midget Girls Long Jump	Gold	Alyson Edwards (Strasbourg)
Midget Girls Triple Jump	Gold	Alyson Edwards (Strasbourg)
Midget Girls Triple Jump	Bronze	Tristen Lozinski (Wynyard)
Midget Girls Pole Vault	Silver	Lily Yungmann (Annaheim)
Midget Girls Javelin	Gold	Jenay Varga (Muenster)
Midget Boys Javelin	Gold	Landon Kohle (Cudworth)
Midget Boys Javelin	Silver	Kalvin Rueve (Muenster)
Junior Girls Triple Jump	Bronze	Alison Behiel (Muenster)
Junior Girls Discus	Silver	Danielle Fedak (Foam Lake)
Junior Girls Javelin	Gold	Katherine Ingram (Quill Lake)
Junior Boys 100m Hurdles	Bronze	Adrian Kasick (Strasbourg)
Junior Boys Discus	Silver	Zack Spray (Kelvington)
Junior Boys Javelin	Bronze	Jordan Breker (Muenster)
Senior Girls 80m Hurdles	Silver	Danielle Major (St. Brieux)
Senior Girls 100m	Bronze	Hunter Pickering (Lanigan)
Senior Girls Triple Jump	Bronze	Molly Yungmann (Annaheim)
Senior Girls Shot Put	Silver	Reagan Fedak (Foam Lake)
Senior Girls Discus	Silver	Reagan Fedak (Foam Lake)
Senior Boys 100m Hurdles	Bronze	Breshton Folden (Watrous)
Senior Boys 3000m	Silver	Dalyn Smith (Lake Lenore)
Senior Boys Triple Jump	Bronze	Zachary Rohel (Annaheim)
Senior Boys Pole Vault	Bronze	Zachary Rohel (Annaheim)
Senior Boys Shot Put	Silver	Ty Peterson (Kelvington)
Senior Boys Discus	Silver	Dylan Stadnyk (Humboldt)
Senior Boys Javelin	Silver	Nicklas Anderson (Muenster)
Midget Girls 4x100m Relay	Bronze	Mercedes Robinson (Watson) Tanisha Novak (Kelvington) Jenna Brockman (Middle Lake) Katelyn Blair (Lanigan)
Senior Girls 4x100m Relay	Silver	Hunter Pickering (Lanigan) Molly Yungmann (Annaheim) Danielle Major (St. Brieux) Julie Baker (Middle Lake)
1A Team	Silver	Lake Lenore
1A Team	Silver	Strasbourg



Horizon Central Athletic Association (HCAA)

HCAA Provincial Medalists 2013-2014

Golf

Girls Sand Greens Golf	Silver	Kiana Rieger (Imperial)
Girls Sand Greens Golf	Bronze	Carly Erhardt (Strasbourg)
Sand Greens Golf – Team	Gold	Strasbourg
Grass Greens Golf – Male Team	Bronze	Humboldt
Grass Greens Golf – Female Team	Bronze	Watson

Cross Country

Sr. Boys Cross Country	Bronze	James Lorenzen (Wadena)
Jr. Boys Cross Country	Bronze	Dalyn Smith (Lake Lenore)
1A Cross Country – Team	Gold	Lake Lenore
1A Cross Country – Team	Bronze	Muenster

Soccer

1A (7 v 7) Girls Soccer	Gold	Middle Lake
1A (7 v 7) Girls Soccer	Bronze	Lake Lenore
1A (7 v 7) Boys Soccer	Silver	Middle Lake
2A Boys Soccer	Silver	Muenster
2A Boys Soccer	Bronze	Humboldt

Football

1A Six-man Football	Gold	Ituna/Kelliher
2A Six-man Football	Gold	Watrous

Volleyball

2A Girls Volleyball	Silver	Wakaw
3A Girls Volleyball	Gold	Watrous
3A Girls Volleyball	Bronze	Lanigan

Curling

Mixed Curling	Bronze	Strasbourg
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Basketball

1A Girls Basketball	Gold	Middle Lake
2A Girls Basketball	Gold	Foam Lake
2A Girls Basketball	Silver	Wynyard
2A Boys Basketball	Bronze	St. Brieux

Badminton

Girls Doubles	Bronze	Megan Farrell & Brooke Tkachyk (Foam Lake)
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Track & Field

Midget Girls 400m	Bronze	Makenna Heidecker (Middle Lake)
Midget Girls Long Jump	Bronze	Kellie Kozak (Ituna)
Midget Girls Discus	Silver	Danielle Fedak (Foam Lake)
Midget Girls Shot Put	Bronze	Deanna Kitzul (Foam Lake)
Midget Boys 400m	Bronze	Tanner Gerwing (Humboldt)
Midget Boys Javelin	Silver	Jordan Breker (Muenster)
Midget Boys Discus	Silver	Zack Spray (Kelvington)
Junior Girls 100m	Bronze	Molly Yungmann (Annaheim)
Junior Girls Triple Jump	Silver	Molly Yungmann (Annaheim)
Junior Girls Discus	Silver	Makenzie Senko (Humboldt)
Junior Boys Hurdles	Silver	Breshton Folden (Watrous)
Junior Boys 1500m	Silver	Dalyn Smith (Lake Lenore)
Junior Boys 3000m	Gold	Dalyn Smith (Lake Lenore)
Junior Boys Long Jump	Gold	Kyle Wehage (Middle Lake)
Junior Boys Triple Jump	Gold	Kyle Wehage (Middle Lake)
Junior Boys Shot Put	Gold	Ty Peterson (Kelvington)
Junior Boys Discus	Bronze	Ty Peterson (Kelvington)
Senior Girls Long Jump	Bronze	Shaelyn Standish (Kelvington)
Senior Girls Shot Put	Silver	Reagan Fedak (Foam Lake)
Senior Boys Javelin	Gold	Carson Berscheid (Muenster)
Senior Boys Javelin	Bronze	Nicklas Anderson (Muenster)
Midget Boys 4x100m Relay	Bronze	Justin Pronych (Humboldt) Layne Kanak (Quill Lake) Adrian Kasick (Strasbourg) Dawson Clark (Strasbourg)
Junior Girls 4x100m Relay	Silver	Larissa Wolitski (Wynyard) Jordin Gudmundson (Wynyard) Mason McGrath (Humboldt) Molly Yungmann (Annaheim)
Senior Girls 4x100m Relay	Silver	Hunter Pickering (Lanigan) Shaelyn Standish (Kelvington) Julie Baker (Middle Lake) Danielle Major (St. Brieux)
Senior Boys 4x100m Relay	Silver	Brady Sunderland (Humboldt) Joshten Folden (Watrous) Aidan Wickenhauser (Humboldt) Colten Slipetz (Humboldt)
3A Team	Gold	Humboldt



Horizon Central Athletic Association (HCAA)

HCAA Provincial Medalists 2012-2013

Golf

Girls Sand Greens Golf	Silver	Amanda Gonsch (Strasbourg)
Sand Greens Golf – Team	Silver	Strasbourg

Cross Country

Sr. Boys Cross Country	Bronze	James Lorenzen (Wadena)
1A Cross Country – Team	Gold	Lake Lenore

Soccer

7 v 7 Girls Soccer	Gold	Middle Lake
7 v 7 Girls Soccer	Silver	Muenster
1A Girls Soccer	Gold	Lake Lenore

Football

1A Six-man Football	Gold	Ituna/Kelliher
2A Six-man Football	Gold	Watrous
2A Six-man Football	Silver	Wynyard

Volleyball

1A Girls Volleyball	Bronze	Holdfast
1A Boys Volleyball	Silver	Annaheim
2A Girls Volleyball	Gold	Wakaw
2A Girls Volleyball	Bronze	Ituna
3A Boys Volleyball	Gold	Kelvington

Curling

Basketball

1A Girls Basketball	Silver	Middle Lake
1A Boys Basketball	Gold	St. Brieux
2A Girls Basketball	Gold	Wynyard

Badminton

Boys Doubles	Silver	Cole Ramler & Theodore Rohel (Annaheim)
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Track

Midget Girls Hurdles	Silver	Larissa Wolitski (Wynyard)
Midget Girls 1500m	Bronze	Emily Koshinsky (Lanigan)
Midget Boys Hurdles	Gold	Jared Giddings (Humboldt)
Midget Boys Hurdles	Silver	Breshton Folden (Watrous)
Midget Boys 1500m	Bronze	Dalyn Smith (Lake Lenore)
Midget Boys 3000m	Silver	Dalyn Smith (Lake Lenore)
Midget Boys Discus	Silver	Ty Peterson (Kelvington)
Midget Boys Javelin	Silver	Dylan Stadnyk (Humboldt)
Midget Boys Shot Put	Bronze	Ty Peterson (Kelvington)
Junior Girls Hurdles	Bronze	Danielle Major (St. Brieux)
Junior Girls Long Jump	Silver	Julie Baker (Middle Lake)
Junior Girls Discus	Silver	Reagan Fedak (Foam Lake)
Junior Girls Shot Put	Gold	Reagan Fedak (Foam Lake)
Junior Boys Discus	Gold	Tyrell Altrogge (Middle Lake)
Junior Boys Shot Put	Bronze	Cody Isherwood (Watrous)
Senior Girls Hurdles	Bronze	Morgan Borstmayer (St. Brieux)
Senior Girls Long Jump	Silver	Morgan Bortsmayer (St. Brieux)
Senior Girls Triple Jump	Gold	Morgan Bortsmayer (St. Brieux)
Senior Boys High Jump	Gold	Paul Mennie (Kelvington)
Midget Boys 4x100m Relay	Silver	Jared Giddings (Humboldt) Kyle Wehage (Middle Lake) Breshton Folden (Watrous) Mitchell Sakundiak (St. Brieux)
Junior Girls 4x100m Relay	Gold	Hunter Pickering (Lanigan) Kiana Peters (Muenster) Julie Baker (Middle Lake) Taylor Haeusler (Humboldt)
Junior Boys 4x100m Relay	Silver	Brady Sunderland (Humboldt) Zachary Rohel (Annaheim) Zach McChesney (Kelvington) Genesis Legaspi (Humboldt)
1A Track – Team	Gold	Lake Lenore
2A Track – Team	Silver	Lanigan



Horizon Central Athletic Association (HCAA)

HCAA Provincial Medalists 2011-2012

Golf

Cross Country

Jr. Boys Cross Country	Bronze	James Lorenzen (Wadena)
1A Cross Country - Team	Gold	Middle Lake
1A Cross Country - Team	Silver	Lake Lenore

Soccer

7 v 7 Girls Soccer	Gold	Middle Lake
7 v 7 Boys Soccer	Bronze	Bruno
1A Girls Soccer	Gold	Lake Lenore
1A Girls Soccer	Silver	Muenster
1A Boys Soccer	Gold	Lake Lenore

Football

1A Six-man Football	Gold	Raymore
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Volleyball

1A Girls Volleyball	Bronze	Holdfast
1A Boys Volleyball	Gold	Bellevue
2A Girls Volleyball	Gold	Foam Lake
2A Girls Volleyball	Bronze	Cudworth
3A Girls Volleyball	Gold	Wakaw
3A Boys Volleyball	Gold	Kelvington
4A Girls Volleyball	Silver	Humboldt

Curling

Boys Curling	Silver	Foam Lake
Girls Curling	Silver	Raymore

Basketball

1A Girls Basketball	Silver	Lake Lenore
1A Girls Basketball	Bronze	Foam Lake
3A Girls Basketball	Bronze	Humboldt

Badminton

Track

Midget Girls Shot Put	Silver	Reagan Fedak (Foam Lake)
Midget Boys Javelin	Bronze	Justin Moellenbeck (Lake Lenore)
Junior Girls Long Jump	Bronze	Shaelyn Standish (Kelvington)
Junior Girls Shot Put	Gold	Kylie Pasioka (Wakaw)
Junior Boys 100m	Bronze	Joshtin Folden (Watrous)
Junior Boys 1500m	Silver	Brett Parsons (Middle Lake)
Junior Boys 3000m	Silver	James Lorenzen (Wadena)
Junior Boys Triple Jump	Gold	Jordan Schulz (Strasbourg)
Junior Boys Javelin	Silver	Carson Berscheid (Muenster)
Senior Girls 400m	Silver	Kelly Zimmerman (Englefeld)
Senior Girls Long Jump	Silver	Morgan Borstmayer (St. Brieux)
Senior Girls Triple Jump	Gold	Morgan Borstmayer (St. Brieux)
Senior Girls High Jump	Gold	Paige Crozon (Humboldt)
Senior Girls Discus	Silver	Paige Crozon (Humboldt)
Senior Boys 800m	Silver	Taryn Heidecker (Middle Lake)
Senior Boys 1500m	Bronze	Taryn Heidecker (Middle Lake)
Senior Boys Discus	Gold	Matthew Doepker (Humboldt)
Midget Girls 4x100m Relay	Bronze	Hunter Pickering (Lanigan) Dez Moran (Young)
Junior Girls 4x100m Relay	Silver	Julie Baker (Middle Lake) Dana Bocking (Kelvington)
Junior Boys 4x100m Relay	Silver	Shaelyn Standish (Kelvington) Larissa Tremel (Bruno)
		Teigan Trew (Strasbourg) Lisa Prodhahl (Lake Lenore)
		Joshtin Folden (Watrous) Evan Szautner (Muenster)
		Jordan Schulz (Strasbourg) Colton Slipetz (Humboldt)
		Blaine Gessner (Wakaw)
Senior Boys 4x100m Relay	Bronze	Josh Giddings (Humboldt) Michael Rueve (Muenster)
		Lance Bashutsky (Wynyard) Eric Popadyneec (Wynyard)



Horizon Central Athletic Association (HCAA)

HCAA Provincial Medalists 2010-2011

Golf

Boys Sand Greens Golf	Gold	Brandon Pelly (Raymore)
Sand Greens Golf – Team	Bronze	Raymore

Cross Country

Sr. Boys Cross Country	Silver	Taryn Heidecker (Middle Lake)
1A Cross Country – Team	Gold	Middle Lake
1A Cross Country – Team	Bronze	Wadena
2A Cross Country – Team	Bronze	Wynyard

Soccer

7 v 7 Boys Soccer	Bronze	Muenster
1A Girls Soccer	Gold	Middle Lake
1A Girls Soccer	Silver	Lake Lenore
1A Boys Soccer	Gold	Lake Lenore

Football

2A Six-man Football	Gold	Watrous
Nine-man Football	Gold	Humboldt

Volleyball

1A Girls Volleyball	Silver	Holdfast
2A Girls Volleyball	Gold	Wakaw
2A Girls Volleyball	Silver	Cudworth
3A Boys Volleyball	Gold	Wakaw
4A Girls Volleyball	Gold	Humboldt

Curling

Girls Curling	Gold	Watrous
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Basketball

1A Girls Basketball	Silver	Middle Lake
1A Boys Basketball	Silver	Lake Lenore
4A Girls Basketball	Gold	Humboldt

Badminton

Boys Doubles Badminton	Silver	Blair Miskolczi & Braeden Schwartz (Englefeld)
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Track

The SHSAA Provincial Track Championship was canceled in 2010-2011



Horizon Central Athletic Association (HCAA)

HCAA Provincial Medalists 2009-2010

Golf

Boys Sand Greens Golf	Silver	Travis Moore (Punnichy)
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Cross Country

1A Cross Country – Team	Gold	Middle Lake
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Soccer

7 v 7 Boys Soccer	Gold	Muenster
1A Girls Soccer	Silver	Muenster
1A Girls Soccer	Bronze	Lake Lenore
1A Boys Soccer	Bronze	Lake Lenore
2A Boys Soccer	Silver	Humboldt

Football

Volleyball

1A Girls Volleyball	Bronze	Holdfast
1A Boys Volleyball	Gold	Annaheim
1A Boys Volleyball	Silver	Englefeld
2A Girls Volleyball	Gold	Wakaw
4A Girls Volleyball	Silver	Humboldt
4A Girls Volleyball	Bronze	Lanigan
4A Boys Volleyball	Gold	Kelvington

Curling

Boys Curling	Silver	Humboldt
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Basketball

1A Girls Basketball	Silver	Middle Lake
1A Boys Basketball	Silver	Lake Lenore
3A Girls Basketball	Bronze	Humboldt

Badminton

Track

Midget Girls Triple Jump	Gold	Morgan Borstmayer (St. Brieux)
Midget Girls Long Jump	Bronze	Morgan Borstmayer (St. Brieux)
Midget Boys 3000m	Bronze	Kory Achtymichuk (Wadena)
Junior Girls 400m	Silver	Kelly Zimmerman (Englefeld)
Junior Girls Discus	Gold	Paige Crozon (Humboldt)
Junior Girls High Jump	Silver	Paige Crozon (Humboldt)
Junior Boys 100m Hurdles	Gold	Ryan Graf (Humboldt)
Junior Boys 100m	Gold	Ryan Graf (Humboldt)
Junior Boys 200m	Gold	Ryan Graf (Humboldt)
Junior Boys 800m	Gold	Taryn Heidecker (Middle Lake)
Junior Boys 1500m	Gold	Taryn Heidecker (Middle Lake)
Junior Boys 3000m	Gold	Taryn Heidecker (Middle Lake)
Senior Girls High Jump	Gold	Alex Blair (Lanigan)
Senior Girls Pole Vault	Gold	Courtney Erickson (Quill Lake)
Senior Girls Shot Put	Gold	Trina Knackstedt (Quill Lake)
Senior Girls 800m	Silver	Meghan Flavel (Humboldt)
Senior Boys 100m Hurdles	Gold	Ian McLellan (Holdfast)
Senior Boys 200m	Silver	Ian McLellan (Holdfast)
Senior Boys 100m	Bronze	Ian McLellan (Holdfast)
Senior Boys Javelin	Silver	Matt Halyk (Foam Lake)
Senior Boys Discus	Gold	Justin Smart (Cudworth)
Senior Boys Shot Put	Silver	Justin Smart (Cudworth)
Junior Girls 4x100m Relay	Bronze	Josie Voz (Lake Lenore) Kenadi McLaren (Lanigan) Lacey Stewart (Watrous) Kelly Zimmerman (Englefeld)
Junior Boys 4x100m Relay	Gold	Terran Bernhard (Muenster) Ryan Graf (Humboldt) Jeff Ness (Humboldt) Josh Giddings (Humboldt)
Boys 4x400m Relay	Bronze	Ian McLellan (Holdfast) Kurt Hauser (Middle Lake) Simon Hauser (Middle Lake) Taryn Heidecker (Middle Lake)
Junior Boys Track & Field Aggregate Winner		Ryan Graf (Humboldt)
Senior Boys Track & Field Aggregate Winner		Ian McLellan (Holdfast)



Horizon Central Athletic Association (HCAA)

HCAA Provincial Medalists 2008-2009

Golf

Boys Sand Greens Golf	Silver	Jordan Hegglin (Strasbourg)
Sand Greens Golf – Team	Bronze	Strasbourg

Cross Country

Cross Country (Junior Boys)	Gold	Brynn Achtymichuk (Wadena)
1A Cross Country – Team	Gold	Middle Lake

Soccer

1A Girls Soccer	Gold	Muenster
1A Boys Soccer	Silver	Lake Lenore

Football

Nine-Man Football	Gold	Humboldt
Nine-Man Football	Silver	Foam Lake

Volleyball

1A Girls Volleyball	Gold	Holdfast
1A Boys Volleyball	Bronze	Annaheim
2A Girls Volleyball	Gold	Wakaw
3A Girls Volleyball	Gold	Kelvington
4A Boys Volleyball	Gold	Kelvington

Curling

Girls Curling	Silver	Watrous
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Basketball

1A Boys Basketball	Silver	Middle Lake
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Badminton

Girls Doubles Badminton Gold **Lani Pohler & Cindy Pohler** (Englefeld)

Track

Midget Girls Shot Put	Silver	Paige Crozon (Humboldt)
Midget Girls High Jump	Silver	Paige Crozon (Humboldt)
Midget Girls 100m	Silver	Kelly Zimmerman (Englefeld)
Midget Boys 3000m	Bronze	Taryn Heidecker (Middle Lake)
Junior Girls Pole Vault	Silver	Courtney Erickson (Quill Lake)
Junior Boys 100m	Gold	Ryan Graf (Humboldt)
Junior Boys 200m	Gold	Ryan Graf (Humboldt)
Junior Boys 100m Hurdles	Silver	Ryan Graf (Humboldt)
Junior Boys Discus	Gold	Cody Thiel (Bruno)
Junior Boys Triple Jump	Bronze	Simon Hauser (Middle Lake)
Senior Girls 400m	Gold	Meghan Flavel (Humboldt)
Senior Girls 800m	Silver	Meghan Flavel (Humboldt)
Senior Girls Javelin	Silver	Allysia Doratti (Kelvington)
Senior Boys High Jump	Gold	Gerad Dyck (Humboldt)
Senior Boys Discus	Silver	Justin Smart (Cudworth)
Senior Boys Javelin	Silver	Cole Bentz (Raymore)
Senior Boys 100m Hurdles	Bronze	Ian McLellan (Holdfast)
Senior Boys 200m	Bronze	Ian McLellan (Holdfast)
Senior Boys Shot Put	Bronze	Brendan Lang (Raymore)
Senior Boys 100m	Bronze	Andrew Breker (Muenster)
Midget Girls 4x100m Relay	Silver	Kelly Zimmerman (Englefeld) Holly Kelly (Young) Carmen Frey (Cudworth) Caitlyn Graf (Humboldt)
Midget Boys 4x100m Relay	Gold	Josh Giddings (Humboldt) Jeffrey Ness (Humboldt) Terran Bernhard (Muenster) Levi Rusnell (Kelvington)
Junior Boys 4x100m Relay	Bronze	Ryan Graf (Humboldt) Brendan Ekstrom (Lanigan) Ryan Bernhard (Muenster) Brett Theisen (Quill Lake)
Senior Girls 4x100m Relay	Bronze	Mahlana Nosbush (Lake Lenore) Kirsten Prayda (Ituna) Jessica Miskolczy (Englefeld) Breanne Kohle (Cudworth)
Senior Boys 4x100m Relay	Silver	Andrew Breker (Muenster) Mason Nedjelski (Kelvington) Ian McLellan (Holdfast) Ivan Griller (Quill Lake)
Girls 4x400m Relay	Bronze	Meghan Flavel (Humboldt) Linaya Schroeder (Holdfast) Kelly Zimmerman (Englefeld) Caitlyn Graf (Humboldt)



Horizon Central Athletic Association (HCAA)

HCAA Provincial Medalists 2007-2008

Golf

Boys Sand Greens Golf Gold **Jordan Hegglin** (Strasbourg)

Cross Country

Midget Boys Cross Country Silver **Brynn Achtymichuk** (Wadena)

Soccer

1A Girls Soccer Gold **Muenster**
1A Girls Soccer Bronze **Middle Lake**
1A Boys Soccer Gold **Lake Lenore**

Football

2A 6-man Football Silver **Watrous**
9-man Football Silver **Foam Lake**

Volleyball

2A Girls Volleyball Gold **Wakaw**
3A Girls Volleyball Bronze **Kelvington**
4A Girls Volleyball Gold **Humboldt**
4A Girls Volleyball Bronze **Lanigan**
4A Boys Volleyball Gold **Kelvington**

Curling

Girls Curling Gold **Strasbourg**
Boys Curling Silver **Muenster**
Mixed Curling Silver **Watrous**
Mixed Curling Bronze **Wadena**

Basketball

1A Girls Basketball	Silver	Middle Lake
1A Boys Basketball	Bronze	Rose Valley

Badminton

Girls Singles Badminton	Gold	Cindy Posnikoff (Foam Lake)
Girls Doubles Badminton	Gold	Lani Pohler & Cindy Pohler (Englefeld)

Track

Midget Girls 1500m	Silver	Alex Blair (Lanigan)
Midget Girls Shot Put	Silver	Kristie McNab (Punnichy)
Midget Boys 100m Hurdles	Bronze	Ryan Bernhard (Muenster)
Midget Boys Javelin	Gold	Jesse Kwasnica (Middle Lake)
Midget Boys Javelin	Bronze	Karsten Hoehn (Lanigan)
Junior Girls Pole Vault	Gold	Meghan Flavel (Humboldt)
Junior Girls 400m	Silver	Meghan Flavel (Humboldt)
Junior Boys 100m Hurdles	Silver	Ian McLellan (Holdfast)
Junior Boys High Jump	Gold	Gerad Dyck (Humboldt)
Junior Boys Long Jump	Silver	Gerad Dyck (Humboldt)
Junior Boys Shot Put	Gold	Brendan Lang (Raymore)
Senior Boys 100m Hurdles	Silver	Andrew Breker (Muenster)
Senior Boys 100m	Bronze	Andrew Breker (Muenster)



Horizon Central Athletic Association (HCAA)

HCAA Provincial Medalists 2006-2007

Golf

Boys Sand Greens Golf Gold **Jordan Hegglin** (Strasbourg)

Cross Country

1A Cross Country – Team Gold **Annaheim**
1A Cross Country – Team Silver **Muenster**
1A Cross Country – Team Bronze **Middle Lake**

Soccer

1A Girls Soccer Gold **Muenster**
1A Boys Soccer Gold **Lake Lenore**
1A Boys Soccer Silver **Muenster**

Football

1A Six-Man Football Gold **Ituna** (*with Kelliher*)
2A Six-Man Football Gold **Watrous**
2A Six-Man Football Silver **Raymore**
Nine-Man Football Gold **Foam Lake**

Volleyball

2A Girls Volleyball Gold **Holdfast**
2A Girls Volleyball Silver **Bruno**
3A Girls Volleyball Silver **Kelvington**
3A Boys Volleyball Silver **Kelvington**

Curling

Girls Curling Bronze **Bruno**
Boys Curling Gold **Watrous**

Basketball

1A Girls Basketball	Bronze	Middle Lake
2A Girls Basketball	Silver	Kelvington

Badminton

Girls Singles Badminton	Gold	Cindy Posnikoff (Foam Lake)
Mixed Doubles Badminton	Gold	Leah Mills & Garrett Miskolczi (Englefeld)
Girls Doubles Badminton	Silver	Megan Vidak & Lani Pohler (Englefeld)
Boys Doubles Badminton	Bronze	Craig Junk & Thomas Frey (Annaheim)

Track

Midget Girls Pole Vault	Gold	Meghan Flavel (Humboldt)
Midget Boys 100m Hurdles	Silver	Ian McLellan (Holdfast)
Midget Boys High Jump	Silver	Gerad Dyck (Humboldt)
Midget Boys 400m	Bronze	Branden Doepker (Annaheim)
Junior Boys Javelin	Silver	Cole Bentz (Raymore)
Senior Girls Shot Put	Gold	Chelsey Revoy (Rose Valley)
Senior Girls Discus	Silver	Chelsey Revoy (Rose Valley)
Senior Girls Javelin	Silver	Chelsey Revoy (Rose Valley)
Senior Girls 200m	Gold	Brianne Theisen (Humboldt)
Senior Girls 80m Hurdles	Gold	Brianne Theisen (Humboldt)
Senior Girls High Jump	Gold	Brianne Theisen (Humboldt)
Senior Girls Long Jump	Gold	Brianne Theisen (Humboldt)
Senior Girls Triple Jump	Gold	Nicole Breker (Muenster)
Senior Girls Long Jump	Silver	Nicole Breker (Muenster)
Senior Girls 1500m	Bronze	Meghan Saelhof (Young)
Senior Girls 3000m	Bronze	Meghan Saelhof (Young)
Senior Boys 100m Hurdles	Silver	Jordan Nosbush (Lake Lenore)
Senior Boys Javelin	Silver	Arin Crone (Lake Lenore)
Sr. Girls 4x100m Relay	Silver	Nicole Breker (Muenster) Brianne Theisen (Humboldt) Erin Dyok (Quill Lake) Jocelyn Kratchmer (Watrous)
Sr. Boys 4x100m Relay	Bronze	Henry Huziak (Strasbourg) Tyler Stumborg (Humboldt) Jordan Nosbush (Lake Lenore) Nathan Abbs (Humboldt)
Sr. Girls 4x400m Relay	Bronze	Meghan Saelhof (Young) Brianne Theisen (Humboldt) Lyla Lorenz (Raymore) Meghan Flavel (Humboldt)
Senior Girls Track & Field Aggregate Winner		Brianne Theisen (Humboldt)